

Health History

List All Surgeries _____

List Past Medical Diagnosis: _____

List Current Medical Diagnosis _____

List Allergies _____

List Current Medications, Dose, When and How Taken _____

List Current Vitamins and Supplements _____

Smoking (circle one) Never Previous Current If You Quit, When? How Much Per Day Do You/Did You Used To
Smoke? _____ Pack(s) Every _____ (circle one) Day(s) Week(s)

Do You Drink Alcohol? (circle one) Yes No If Yes, What Kind Of Alcohol? (Beer, Liquor, etc) _____ How Much
and How Often? _____

Do You Consume Caffeine? (circle one) Yes No If Yes, How Much and How Often? _____

Are You Seeking a Skincare Solution (circle one) Yes No If Yes, What Are Your Concerns? (Wrinkles, Acne,
etc) _____

Family History

Is There a Family History of (circle one; if yes, please specify relation, type of disease, and whether or not relative is currently living. Include Mother, Father, Brothers, Sisters, Self.)

Cancer? Yes No _____

Diabetes? Yes No _____

Heart Disease? Yes No _____

High Blood Pressure? Yes No _____

High Cholesterol? Yes No _____

Other? Yes No _____

Signature _____

Date ___/___/___